



Open University

Winter Session 2018
January 15 - March 8

*The Lifelong Learning
Program of The
Shepherd's Center of
Richmond*

Mondays

At St. Luke Lutheran Church

7757 Chippenham Parkway

Ooh-la-la!

Intermediate French

9:45 - 10:45

A continuing course emphasizing pronunciation, grammar and culture. Newcomers who have had a little French are welcome.

Suzanne Wiltshire

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Irish Mythology: An Introduction

9:45 - 10:45

Early Irish literature is the oldest vernacular literature in Western Europe. Irish prose saga developed for well over a thousand years. It is understood that the ancient Irish sagas record reminiscences of a past mythology, and in others real historical events, dating from the pagan times. There are four great cycles in Irish mythology listed in the 12th century Book of Leinster. They are the Mythological Cycle, the Ulster Cycle, the Fenian Cycle, and the Cycle of Kings. This course will examine all four cycles, as well as their influence on the Irish poet and dramatist William Butler Yeats and the folk and fairy lore of the Emerald Isle.

John Countryman

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Genealogy for Beginners

9:45 - 10:45

Research your family history through different sources including Ancestry.com.

Terry Redding

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Beginning "Survival" Spanish

9:45 - 10:45

Conversational Spanish with an emphasis on travel needs and everyday usage.

Nancy Newins

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Special Topics Lecture Series: Abroad and Beyond

9:45 - 10:45

- Greece Part I: Athens, Mykonos and Delos

Barbara Goehle

1/15

- Greece Part II: Paros, Santorini and Crete

Barbara Goehle

1/22

- Northeastern Spain

Barbara Goehle

1/29

- English Country Houses

John Gordon

2/5

- The Canals of Mars and the Gastrointestinal Tract

Peter Goodman

2/12

- Mapping Segregation in Richmond

Justin Madron

2/19

- Perspectives on K-12 Education

Ed Pruden

2/26

- Snakes of Virginia

Rex Springston

3/5

Eminent Edwardians

11:00 - 12:00

An introduction to the lives and legacies of prominent men and women (e.g., Edward VII, H.H. Asquith, Emmeline Pankhurst, David Lloyd George) who helped shape the British world of the early twentieth century.

John Gordon

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Ponchielli's *La Gioconda*

11:00 - 12:00

Watch DVD live production of this major opera and discuss. Synopsis and information provided.

Bob Jones

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Memoir Writing

11:00 - 12:00

Join us to write about your life or your family history, and learn some techniques to help you tell those stories better.

Meriah Crawford

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Intermediate German Conversation

11:00 - 12:00

Includes readings of short stories by German authors and discussion of German culture.

Kirsten Taranto

1/15, 22, 29; 2/5, 12, 19, 26; 3/5

Special Topics Lecture Series: Religion

11:00 - 12:00

- Marilynne Robinson: Award-Winning Novelist and Essayist Who Explores Religious Themes in a Secular Age, I

Rich Morrill

1/15

Special Topics Continued: Religion

11:00 - 12:00

- Marilynne Robinson, II
Rich Morrill
1/22
- Marilynne Robinson, III
Rich Morrill
1/29
- Marilynne Robinson, IV
Rich Morrill
2/5
- Journey Together: "Declaration
on the Way." Lutheran-Catholic
Reconciliation at 500 Years.
Pastor Louis Florio
2/12
- The Incredible "Way":
Milestones Along the Way; An
Obscure Palestinian Sect
Mysteriously Becomes an
International Movement, I
Jim Smith
2/19
- The Incredible "Way", II
Jim Smith
2/26
- Waltz of the Powers: Separation
of Church and State
Jim Smith
3/5

Lunch

12:00 - 12:30

Bring a sandwich. Coffee and
dessert are available.

Lunch Speakers

12:30 - 1: 15

Attendance is included with
student tuition or free with
Shepherd's Center membership.
General public admission by
donation.

The Dream Is Lost: Voting Rights and the Politics of Race in Richmond Identity

Dr. Julian Hayter, asst.
professor of leadership studies,
University of Richmond
1/15

Medicine in Early Virginia

Dr. Richard C. Brown,
professor of global medicine;
medical humanitarian
1/22

Grace Happens: Adventures in Everyday Living

Tom Allen, contributor,
Richmond Times-Dispatch;
author
1/29

Can Alzheimer's Be Stopped?

Dr. James M. McKenney,
professor (ret.), VCU School of
Pharmacy; president and CEO,
National Clinical Research and
the Alzheimer's Research Center
2/5

Shalom Farms: Growing Food and Growing Community

Hannah Wittwer, volunteer and
education coordinator,
Shalom Farms
2/12

The Faithful Scribe: A Story of Islam, Pakistan, Family, and War

Shahan Mufti, asst. professor of
journalism, University of
Richmond; author selected for
One Book, One Richmond 2018
2/19

Compassion in Addiction: Wrestling with the Opioid Crisis

Dr. Omar Abubaker, professor
and chairman, department of
dentistry, MCV/VCU; graduate
of International Addiction
Studies Program, VCU
2/26

The Huguenot Memorial Bridge

Jeffrey C. Hill, , engineer,
Virginia Department of
Transportation
3/5



Thursdays

At First Presbyterian Church

4602 Cary Street Road

Was ist los?

Intermediate German

9:45 - 10:45

Free conversation. Reading skill:
Next collection of short stories by
Andre Klein *Wiener Walzer*.

Some grammar. German
Scrabble and/or a movie.

Sabine Horn

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Advanced Beginners Spanish

9:45 - 10:45

This is a continuing class for
students who took the
introductory course last year or
who have some knowledge of
basic Spanish grammar and
vocabulary.

Tim Martin

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Is Kansas Really Flatter Than a Pancake? A Geography of the Great Plains

9:45 - 10:45

An examination of the physical
and cultural region: its economic,
political, and human geography.
The last two classes will deal with
the plan for a nuclear waste site
in the 1970's and the High Plains
aquifer.

George Pangburn

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

The Richly Populated World of Women Writers: Woolf, Eliot, Morrison, Cather, Didion, Atwood

9:45 - 10:45

The lives and works of the
authors listed above.

Barbara Felton

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

The Three M's: May, Macron, and Merkel (and More)

11:00 - 12:00

A discussion of recent elections in Europe and their consequences.

Arthur Gunlicks

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

A Musical Potpourri

11:00 - 12:00

Popular composers and performers of the 20th century are featured and discussed.

Vaughan Gary

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Gentle Yoga

11:00 - 12:00

An introduction to the fundamentals of yoga.

Incorporates synching breathing techniques with movement and the mind with the body.

Ravi McPhee

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

The Joys of Reading Latin

11:00 - 12:00

Note: The enrollment for this course is limited to the students who have already studied units 1 and 2 of the first eleven stages of the Cambridge Latin Course and are ready to continue unit 3.

Lee Perkins

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Special Topics Lecture Series: Literature

11:00 - 12:00

- Short Stories: Stephen Crane, "Open Boat"; Willa Cather, "Paul's Case"

Richard Mercer

1/18

- Charlotte Perkins Gilman, "Yellow Wallpaper"; Franz Kafka, "Metamorphosis"

Richard Mercer

1/25

- Ambrose Bierce, "Occurrence at Owl Creek Bridge"; William Faulkner, "A Rose for Emily"

Richard Mercer

2/1

- Leo Tolstoy, "Death of Ivan Ilyich"; Gustave Flaubert, "A Simple Heart"

Richard Mercer

2/8

- Theodor Storm's *The Dykemaster (Der Schimmelreiter)*. A discussion of this German classic about North Friesland's lonely marshes and the limitless solitude of the North Sea tidal flats. The Dykemaster's quest to save his village from destructive and raging storms while faced with superstition and jealousy by the villagers, as he tries to build better and more modern protective structures.

Kirsten Taranto

2/15

- Marcia Mabree Bell's, *Naked Mountain*: Book review of one woman's memoir about preserving nature, life and love.

Pat Brodie

2/22

- The Rise, Fall, and Rise Again of Conan Doyle and Sherlock Holmes

Tony Pelling

3/1

- Webster: His Dictionary and America's Identity

Tony Pelling

3/8

Lunch

12:00 - 12:30

Bring a sandwich. Coffee and dessert are available.

Lunch Speakers

12:30 - 1:15

Attendance is included with tuition or free with Shepherd's Center membership. General public admission by donation.

On the Road Again: More People, Places and Pie Around Virginia

Bill Lohmann, author; columnist, *Richmond Times-Dispatch*

1/18

Climate Change and Virginia

Stephen Nash, visiting senior research scholar, University of Richmond; award-winning author

1/25

Flights of Fancy: Stories, Conversations, and Life Travels

Randy Fitzgerald, "bemused columnist," *Richmond Times-Dispatch* and *Boomer Magazine*; former public relations director, University of Richmond; with Barbara Fitzgerald, "whimsical wife," editor, co-writer

2/1

Wrightsville Beach: The Luminous Island

Ray McAllister, former editor, *Boomer Magazine*; author

2/8

Railroads in Richmond: The Train Has Left the Station

Doug Riddell, author; former locomotive engineer; former TV and radio broadcaster

2/15

Life as a Ballerina: Tutus, Tears, and Triumph

Valerie Tellmann, public relations and content manager, Richmond Ballet

2/22

Reading Richmond's Weather for the RTD

John Boyer, staff meteorologist, columnist, *Richmond Times-Dispatch*

3/1

Middle East Update: Fresh Views from Jordan and Israel

The Rev. William Sachs, executive director, Center for Interfaith Reconciliation

3/8

continues on page 4

O-sake o kudasai!
Low Intermediate Japanese

12:15 - 1:15

Speaking, reading and listening skills. Grammar, kana and kanji, and more fun with Pimsleur. Textbook *Japanese for Busy People I*, romanized version. New students should have completed basic introductory course.

Sabine Horn

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Zdravstvuyte!
Beginning Russian

1:30 - 2:30

An introduction to essential words, phrases, grammar and the Cyrillic alphabet. Fun with Pimsleur: Listening to native speakers and practicing right along with them.

Sabine Horn

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Feldenkrais

1:30 - 2:30

The Feldenkrais method is designed to improve a person's movement repertoire, aiming to expand and refine the use of the body through awareness, in order to reduce pain or limitations in movement, and promote general well-being.

Nancy Dawe, Mary Ann DeTrana, Jane McAllister, Cas Overton, and Mary Frances Hobbs

1/18, 25; 2/1, 8, 15, 22; 3/1, 8

Open University



The Door to Learning
is Always OPEN.

Lunch and Life

**A four-week lecture series presented in
partnership with St. Mary Catholic Church**

9505 Gayton Rd.

Lunch

12:00 - 12:30

Bring a sandwich. The church provides beverages and desserts.

Lecture

12:30 - 1:15

Flights of Fancy: Stories, Conversations, and Life Travels

Randy Fitzgerald, "bemused columnist," *Richmond Times-Dispatch* and *Boomer Magazine*; former public relations director, University of Richmond; with Barbara Fitzgerald, "whimsical wife," editor, co-writer

Wednesday, January 17

Richmond Burning: The Last Days of the Confederate Capital

Nelson Lankford vice president (ret.) for programs, Virginia Historical Society; former editor, *Virginia Magazine of History and Biography*; author

Wednesday, January 24

The Dooleys of Richmond: An Irish Immigrant Family in the Old and New South

Dr. Mary Lynn Bayliss, historian, author, lecturer

Wednesday, January 31

Can Alzheimer's Be Stopped?

Dr. James M. McKenney professor (ret.), VCU School of Pharmacy; president and CEO, National Clinical Research and the Alzheimer's Research Center

Wednesday, February 7

Free and open to the public.

No Shepherd's Center membership, Open University tuition or registration required.

Instructors

Listed below are the instructors for this session. All Open University instructors and Lunch Speakers are volunteers recruited from Richmond's university and professional communities. We thank them for their contributions of time and talents.

Brodie, Pat: Frequent presenter for TSCOR on travel and literature

Countryman, John: Professor emeritus, director of theatre, Berry College

Crawford, Meriah: Writer, editor, private investigator, and associate professor of research and writing at VCU

Dawe, Nancy: Guild Certified Trainer, Feldenkrais Method

DeTrana, Mary Ann: Guild Certified Trainer, Feldenkrais Method

Felton, Barbara: Professor emeritus of English literature, VCU

Florio, Louis: Pastor of Messiah Lutheran Church, Mechanicsville

Gary, Vaughan: Retired RSVP director at United Way, and H.S. teacher in drama, English and speech

Goehle, Barbara: Retired H.S. science teacher, Chesterfield Co.

Goodman, Peter: M.D., Gastroenterologist

Gordon, John: Professor of history and international studies, emeritus, University of Richmond

Gunlicks, Arthur: Emeritus professor of political science, University of Richmond

Hobbs, Mary Frances: Guild Certified Trainer, Feldenkrais Method

Horn, Sabine: MA in Japanese and Russian, University of Marburg, Germany

Jones, Bob: BFA in Fine Arts, Theatre, Texas Christian University. Retired, 30 yrs. at The Community Idea Stations; avid opera lover with acting and directing experience.

Madron, Justin: GIS analyst, Digital Scholarship Lab, University of Richmond

Martin, Tim: BA in Spanish, teaching certification; MS in secondary school counseling

McAllister, Jane: Guild Certified Trainer, Feldenkrais Method

McPhee, Ravi: RYT 200 - Yoga Alliance Registered; IYT - Integral Yoga Teacher of Meditation, Pranayama, Beginners Integral Yoga Teachers Certification

Mercer, Richard: Ph.D.; former professor of English and humanities at VCU and UR

Morrill, Rich: Chancellor and former President of the University of Richmond and Professor of Ethics and Democratic Values

Newins, Nancy: B.A. in Spanish, College of William and Mary; M.A. in Spanish, UNC-Chapel Hill; MSLS in Library Science, UNC-Chapel Hill

Overton, Cas: Guild Certified Trainer, Feldenkrais Method

Pangburn, George: Retired senior executive, U.S. Nuclear Regulatory Commission

Pelling, Tony: Retired undersecretary UK Dept. of the Environment

Perkins, Lee: Teacher of Classical Languages at St. Catherine's School; Ph.D., Harvard University

Pruden, Ed: Retired school superintendent; adjunct faculty, U of R

Redding, Terry: Frequent lecturer for TSCOR on research techniques

Smith, Jim: B.A., B.D., M.Div., retired Episcopal priest

Springston, Rex: Former writer, *Richmond Times-Dispatch*

Taranto, Kirsten: Background in counseling and development; academic adviser at George Mason University

Wiltshire, Suzanne: Retired French teacher and administrator

New Inclement Weather Policy

Weather closings will be:

- posted on TSCOR's website
- emailed automatically to anyone subscribed to the TSCOR website blog
- recorded on the TSCOR office answering machine
- scrolled on channels 6 and 8 along with other school and business closings.

www.TSCOR.org

804-355-7282

Frequently Asked Questions

What is Open University?

Open University (OU) is the lifelong learning program offered by The Shepherd's Center of Richmond (TSCOR) and consists of three 8-week sessions in the fall, winter, and spring. All OU teachers, lecturers and lunch speakers are volunteers recruited from Richmond's university and professional communities.

What is The Shepherd's Center of Richmond?

The Shepherd's Center of Richmond (TSCOR) is a volunteer-operated, non-profit group of persons 50 and older that encourages its members to remain active through enrichment programs and volunteer service.

Where does OU meet?

OU meets Mondays at St. Luke Lutheran Church on the South Side and Thursdays at First Presbyterian Church in the West End.

What does OU cost?

There are three OU sessions in one academic year. The cost is \$40 per session (not per class) for TSCOR members and \$60 per session for non-members.

What are the costs and benefits of annual membership with TSCOR?

Tax-deductible membership is \$25 and runs from July through the following June.

Membership benefits include:

- FREE Lunch Speakers
- Reduced OU tuition from \$60 to \$40 per session
- Reduced TSCOR trip rates
- Support of TSCOR and its mission

Do I have to become a TSCOR member to attend OU?

No, you do not have to be a TSCOR member to attend OU.

What if I'm unsure I'll like OU?

Anyone may attend one day at OU for free. Just go to the classes that interest you, and if you decide you would like to return, we can register you on site.

What if I want to attend just one course?

We do not charge per individual course, but for the entire 8-week session. You may attend just one class or as many classes as you like at either of our locations for the full tuition cost.

In the event of cancellations, are there make-ups or refunds?

Unfortunately, we are unable to offer make-up classes or refunds.

How do I register?

Choose from one of 3 ways:

- 1) mail your check and registration
- 2) register on site at either location
- 3) pay on line at www.TSCOR.org. We accept VISA, MasterCard, and Discover. Please consider making an additional donation to help cover administrative fees.

Suppose I have questions or want to volunteer? Just call us at 804-355-7282, Monday through Friday, 8:30 - 4:30.

OPEN UNIVERSITY REGISTRATION

Winter Session 2018

Title First Name Middle Initial Last Name

Street, City, State Zip Code

Email Address Telephone

Mail your registration and check made payable to "The Shepherd's Center" and return to: TSCOR, 3111 Northside Ave, Suite 400, Richmond, VA 23228

You can also register on site at either location with cash, check or credit card, or pay online at www.TSCOR.org

I am enclosing (per person):

- _____ \$25 TSCOR Annual Membership (7/1/17 - 6/30/18) *
- _____ \$40 member tuition
- _____ \$60 non-member tuition
- _____ donation to TSCOR (optional)*
- _____ **TOTAL**

* tax-deductible _____ I NEED A NAME TAG

Credit card payments now accepted on our website! www.TSCOR.org VISA, MasterCard, and Discover