



OPEN UNIVERSITY

The Shepherd's Center of Richmond

Spring Session
April 5 - May 27, 2021

COVID-19 UPDATE

Open University remains online-only via Zoom for the spring 2021 session.

- **Zoom class links are sent via email** every Sunday evening.
- **Please check your spam and junk folders** if you do not see the class links in your inbox.
- **You can listen to Zoom classes on a phone** if you do not have an internet connection.
- **If you are new to Zoom and need assistance**, contact Julie Adams-Buchanan, interim lifelong learning coordinator, at: jadams@tscor.org 804-405-3997
- **See complete registration information on page 7.**

TSCOR is deeply grateful for the continued support of our volunteer instructors who keep Open University online and accessible during this unprecedented and challenging time.

Mondays

Great Short Stories from Abroad

Read fifteen short stories in translation by writers from other countries, such as Russian author Anton Chekov. Stories provided online prior to class.

Teacher: Ray Hilliard, professor emeritus, English, UR

M • Apr 5 - May 24

9:30 - 10:30

Medieval Medicine and Disease 1100 to 1550

Medical thought and the experience of diseases in the high and later Middle Ages. Topics will include Humoral Medicine, Miracle Cures, Leprosy, the Black Death, Sweating Sickness, Galenic Consciousness and Loss of Mind, Demons and Human Health, and the Dancing Plagues

Teacher: Leigh Ann Craig, associate professor, history; director of undergraduate studies in history, VCU

M • Apr 5 - May 24

9:30 - 10:30

The Rise of Ancient Judea: Eight Classes, Four Sites, One Kingdom

Exploration of the historicity of one of the most debated periods in the biblical and archaeological record including recent excavations in Jerusalem, Khirbet, Qeyata, Lachish and Khirget el-Rai.

Teacher: Jon Waybright, assistant teaching professor, VCU School of World Studies

M • Apr 5 - May 24

11:00 - 12:00

Mondays, continued

MEDARVA Healthcare

A four-week medical lecture series.

M • April 5 - April 26

11:00 - 12:00

- **Customizable Lenses After Cataract Surgery**

Dr. Kenneth Lipstock, ophthalmologist surgeon, Lipstock Lasik & Cataract Center and Dr. Garth Stevens, Jr., ophthalmologist surgeon, Eye Care Center of Virginia

M • Apr 5

- **What to Expect with Your Vision When Getting Older**

Dr. Jamie Pucci, director, MEDARVA Low Vision Center

M • Apr 12

- **What You Haven't Heard About COVID and Need to Know Today**

Robin Williamson, RN, associate director of Clinical Services and Infection Prevention, MEDARVA Stony Point Surgery Center

M • Apr 19

- **Medical Cannabis and Me: How You Can Access Treatment in Virginia**

Joy Strand, executive vice president, Green Leaf Medical; vice president, Virginia Medical Cannabis Coalition

M • Apr 26

Monday Lunch Speakers

Classical Music for the People

Becca Longhenry, general director, Classical Revolution RVA; assistant concertmaster, Richmond Philharmonic Orchestra

M • Apr 5

12:30 - 1:30

The Virginia Governor's Conference on Aging and You

Martina James Nalley, conference manager and legislative liaison, VGCOA

M • Apr 12

12:30 - 1:30

The Hammered Dulcimer: An Overview

Robert Wadsworth, hammered dulcimer player and teacher

M • Apr 19

12:30 - 1:30

William Penn: An Elusive Life

Andrew Murphy, professor of Political Science, VCU

M • Apr 26

12:30 - 1:30

The Ever-changing Mystery Novel

Lesley St. James, author, The Sweet Scent of Death

M • May 3

12:30 - 1:30

(Lunch Speakers continued on page 3)

Lunch Speakers, continued

A Great Test of Faith: The Impact of Religion During the Civil War

Jack Mountcastle, brigadier general, US Army (ret.); lecturer; historical tour guide

M • May 10

12:30 - 1:30

Downsizing: It's a Date!

Jaime Ebanks, client experience manager, WayForth

M • May 17

12:30 - 1:30

Designing the U.S. Capitol: Jefferson and Latrobe Go to Washington

Craig Reynolds, chief administrative officer, Capitol Square Preservation Council; curator, VA State Capitol

M • May 24

12:30 - 1:30



If You Care...Share!

The pandemic has wreaked havoc on so many aspects of our lives, but sometimes

clouds come with silver linings. Moving OU online has kept us connected and engaged.

Please share the spring OU schedule with family and friends, near and far!

The door to learning is always OPEN.

Tuesdays

Advanced German

Free conversation *über Gott und die Welt*.

Reading skill with Andre Klein's *Baumgartner & Momsen* crime and mystery series 3, *Buch Des Spielers Tod* (can be purchased at Amazon). Some grammar and singing.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Apr 6 - May 25

9:30 - 10:30

Ooh-la-la! Intermediate French

The class will read a version of *Cyrano de Bergerac*, converse in French, and do some gentle grammar and vocabulary review.

Copies of the text with CD are available for \$10 and can be picked up or sent by mail following the first class. Newcomers, who have had French in the distant past, are welcome to join this ongoing class.

Teacher: Suzanne Wiltshire, retired French teacher and administrator

T • Apr 6 - May 25

11:00 - 12:00

Low Intermediate Japanese

Free conversation, grammar and singing.

Pimsleur 1, units 9 - 16 audio. (CD set can be purchased on Amazon). Dialogues in Romaji, Hiragana, and some Kanji. Deciphering the 50 Katakana written US States. All worksheets supplied by teacher.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Apr 6 - May 25

12:30 - 1:30

(Tuesday continued on page 4)

Tuesdays, continued

Intermediate Latin

An intermediate course for students who have knowledge of basic Latin grammar and vocabulary.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Apr 6 - May 25

2:00 - 3:00

Low Intermediate Russian

Free conversation, grammar and singing. *Pimsleur 1*, Units 1 - 8 audio. (CD set can be purchased at Amazon). Dialogues in Cyrillic script. All worksheets supplied by teacher.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Apr 6 - May 25

2:00 - 3:00

The Joy of Reading Latin

Note: Enrollment for this course is limited to students who have completed the first 43 stages of the Cambridge Latin Course.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Apr 6 - May 25

3:30 - 4:30

**Spring has sprung, but
it's not too early to get
excited for the fall!
OU fall session begins
Monday, September
20th!**



Wednesdays

Lunch & Life

This lecture series is free and open to the public, although registration is required to receive the Zoom links. To register, visit our website at tscor.org or complete and return the form on page 7. Please note TSCOR members and registered OU students do not need to register separately for Lunch & Life as the Zoom links are sent to you automatically.

COVID-19: A Point of Awakening for Humanity

Joanne Kong, director of accompaniment, UR Dept. of Music

W • Apr 14

12:30 - 1:30

REAL ID: A Real Choice for Virginians

Brandy Brubaker, public relations manager, Virginia DMV

W • Apr 21

12:30 - 1:30

Virginia Politics: Changes; General Assembly Actions; Upcoming Elections

Dan Palazzolo, professor of political science; associate dean, School of Arts and Sciences, UR

W • Apr 28

12:30 - 1:30

Building Economic Resiliency in Virginia: An Update from the Virginia Chamber of Commerce

Nicole Bunce, vice president of Communications and External Affairs, and Kristin Burhop, assistant director for Legislative Services and Chamber PAC

W • May 5

12:30 - 1:30

Thursdays

John Wesley and the Founding of Methodism in 18th Century Britain

4-week course

A summary of the activities of John Wesley as he transformed English religious concepts during the eighteenth century.

Teacher: Hal Costley, retired engineer and leader of courses on United Methodist History

Th • Apr 8 - Apr 29

9:30 - 10:30

Short Stories by Edgar Allan Poe, Charlotte Perkins Gilman, and Henry James

4-week course

Read and discuss Poe's "Fall of the House of Usher," Gilman's "The Yellow Wallpaper," and James' "The Turn of the Screw." A central question will be "who is the real madman/madwoman in this story?"

Teacher: Bruce Birdsey, retired priest of the Episcopal Church

Th • Apr 8 - Apr 29

9:30 - 10:30

The Anti-Slavery Movement in Britain

4-week course

An examination of British movements and initiatives in the late eighteenth and early nineteenth centuries to end both the slave trade and slavery.

Teacher: John Gordon, retired professor of history, UR

Th • May 6 - May 27

9:30 - 10:30

Hemingway and the Old Man and the Sea

4-week course

Near the end of Ernest Hemingway's life, he realized that he had not written an acclaimed

book for more than a decade. Santiago, the old Cuban man he created for his subsequent novel, had not caught a Big Fish for 84 days. In this discussion-based class, we'll explore the many parallels between the author, his fictional character, and the wisdom of his final book, *The Old Man and the Sea*.

Teachers: Murray Ellison, college English teacher; instructor, Osher; and John Schofield, instructor, Osher; author researcher

Th • May 6 - May 27

9:30 - 10:30

The Voyage of St. Brendan the Navigator

The account of a 6th century nautical voyage by Irish abbot St. Brendan of Clonfert in search of the "Land Promised to the Saints" became a "medieval blockbuster," appearing in over 100 manuscripts across 600 years. Scholars continue to debate the nature of his voyage. Is it Celtic mythology, medieval peregrination, Christian allegory, or trans-Atlantic adventure? We'll consult historians, cartographers, mythographers, theologians, artists, musicians, and poets in search of an answer.

Teacher: John Countryman, emeritus director of theatre, Berry College

Th • Apr 8 - May 27

11:00 - 12:00

Coins Through History

This course will demonstrate the multiple interrelationship of history, culture and coinage, from 630 BC to 2001 AD. Several lectures will use coins or paper money to illustrate different historical and cultural events or periods; several lectures will show how historical and cultural events have impacted the development of coinage; and several lectures will do both.

Teacher: Michael Shutterly, numismatic writer, exhibitor and speaker

Th • Apr 8 - May 27

11:00 - 12:00

(Continued on page 6)

Thursdays, continued

Feldenkrais

The Feldenkrais Method can improve a person's movement repertoire by expanding and refining body awareness to reduce pain or limitations in movement and promote general well-being.

Teachers: Marianne Kaufman, Mary Frances Hobbs, Jane McAllister and Vicki White, guild certified Feldenkrais practitioners

Th • Apr 8 - May 27

1:45 - 2:45

Thursday Lunch Speakers

Open Access Resources for Exploring Richmond's Racial History

Lucretia McCulley, head, scholarly communications (ret.), UR

Th • Apr 8

12:30 - 1:30

Standing Up to Prejudice

Jonathan Zur, president, CEO, The VA Center for Inclusive Communities

Th • Apr 15

12:30 - 1:30

Living with Black Bears in Virginia

Katie Martin, deer, bear, and turkey biologist, Virginia Department of Wildlife Resources

Th • Apr 22

12:30 - 1:30

Assessing the Driving Potential for the Senior Driver

John Vaughter, certified driver rehabilitation specialist, Capital Driver Rehabilitation Consultants

Th • Apr 29

12:30 - 1:30

Photogrammar: Seeing the Great Depression and World War II

Lauren Tilton, assistant professor of Digital Humanities, UR

Th • May 6

12:30 - 1:30

Back Roads and Dining Room Tables

Bill Lohmann, author; columnist, Richmond Times-Dispatch

Th • May 13

12:30 - 1:30

Trail Quest: Trekking Across 39 Virginia State Parks

Jessica Bowser, host, Virginia Outdoor Adventures Podcast

Th • May 20

12:30 - 1:30

Manhattan to Mise En Place: My Life in Food

Chef Christine Wansleben, owner, culinary director, Mise En Place

Th • May 27

12:30 - 1:30

Open University Registration Spring 2021

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. _____
first name middle initial last name

street address: _____

city, state, zip: _____

home phone: _____ cell phone: _____

Email (required): _____

☐ \$45 member tuition ☐ Optional donation to TSCOR* \$ _____

☐ \$75 non-member tuition

☐ \$25 membership (7/1/2020 - 6/30/2021)* **TOTAL ENCLOSED: \$** _____

☐ Lunch & Life (FREE - registration required) * tax-deductible

Make check payable to: ***The Shepherd's Center***

Mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Register

2 WAYS TO REGISTER

- 1 ONLINE:** TSCOR.org
- 2 MAIL:** Complete the registration slip, Make check payable to *The Shepherd's Center* and Mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Questions?

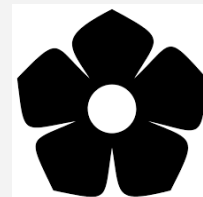
Contact:

Julie Adams-Buchanan,
interim coordinator,
804-405-3997
jadams@tscor.org

Get the Zoom Links

- **Payment needs to be received by Wednesday** the week before classes and speakers are scheduled.
- **Emails are sent every Sunday evening** with Zoom links for classes and speakers scheduled in the coming week.
- **Register early** so you'll be sure to get the links on time!

Need Zoom Help? By now, we're all pretty accustomed to using Zoom, but if you need some help, have a question or need a quick tutorial, contact Julie Adams-Buchanan, interim lifelong learning coordinator, 804-405-3997, or email at: jadams@tscor.org.



Can't find the Zoom links?

Check your spam and junk folders if you don't see them in your inbox.



The Shepherd's Center of Richmond
3111 Northside Ave., Suite 400
Richmond, Virginia 23228-5441



OPEN UNIVERSITY

The Shepherd's Center of Richmond

ONLINE COURSES

SPRING SESSION

**April 5 - May 27
2021**

Courses offered on Mondays,
Tuesdays, Wednesdays, and
Thursdays. Details inside.

The Shepherd's Center of Richmond
is a nonprofit, nondenominational
service and education organization.

Its mission is to encourage older
adults to remain active and
independent through enrichment
programs and volunteer service
to their peers.



OPEN UNIVERSITY

THE DOOR TO LEARNING IS ALWAYS OPEN,
EVEN WHEN THE BUILDING IS CLOSED.