



OPEN UNIVERSITY

The Shepherd's Center of Richmond

Winter Session
Jan 9 - Mar 2, 2023

ANNOUNCEMENTS!

- MONDAYS continue IN PERSON at St. Luke Lutheran Church. All lunch speakers and some classes are hybrid (held in person and via Zoom.)
- THURSDAYS meet ONLINE ONLY. **This is a change from the fall session.**
- *Lunch & Life* continues IN PERSON on Wednesdays at St. Mary's Catholic Church.
- COVID UPDATE: Individuals choosing to attend OU in person have the potential of being exposed to COVID. Those with weak or compromised immune systems may be at greater risk. If you are exhibiting symptoms, please stay home for the health and safety of all. TSCOR and Open University follow CDC recommended COVID guidelines. For the most recent guidelines visit [cdc.gov](https://www.cdc.gov). Masking is optional at OU, but encouraged in smaller classrooms. Please respect the masking decisions of others.



Mondays

At St. Luke Lutheran Church
7757 Chippenham Parkway

Being In Architecture II

8-week course: Held In Person and via Zoom

Using familiar buildings as case studies, we will explore how buildings are designed, built, and preserved over time. We will examine different building systems and materials and show how they can be selected and modified to allow buildings to evolve for continued functionality and relevance.

Teachers: Mimi Sadler, historical architect; Camden Whitehead, associate professor, interior design, VCU

M • Jan 9 - Feb 27

9:30 - 10:30

Where Was God at Auschwitz?

8-week course: In Person

How can we explain evil in the world? In this course we will examine this question using what happened in Germany between 1939 and 1945. How did this happen in one of the most cultured countries in Europe and how did Christian and Jewish theologians and scholars explain Hitler and National Socialism.

Teacher: Robert Ellis, Ph.D., history, Rutgers University

M • Jan 9 - Feb 27

9:30 - 10:30

(Mondays continued next page)

The Holy Land - Past and Present

4-week course: In Person

We will see and discuss the people and places of the Holy Land which is the crossroads of continents - Europe, Asia and Africa.

Teacher: Liz Yates, retired Lutheran clergy, has made many trips to the Holy Land

M • Jan 9 - Jan 30

9:30 - 10:30

Sierra Leone Adventures

4-week course: In Person

Local Richmonders living, learning, loving in a radically different environment; a remote hospital reconstructed in a jungle; an Ebola outbreak; food challenges; bug challenges; tribal challenges; local school design; cash and credit card chaos---welcome to the world of out-of-town missionaries!

Teacher: Kip Robinson, retired engineer, retired missionary and African mission team leader

M • Feb 6 - Feb 27

9:30 - 10:30

America and the World: Where We Stand Right Now

8-week course: Held In Person and via Zoom

Examine issues confronting the United States in different regions of the world. The issues will include political, economic, cultural, and military topics with a brief history and an analysis of the situation today. Suggested topics welcomed.

Teacher: Cary Blankenship, PhD, economic and diplomatic history, University of Kentucky

M • Jan 9 - Feb 27

11:00 - 12:00



A Beginner's Guide to the Civil War

8-week course: Held In Person and via Zoom

This course shows the changes in slavery attitudes and expansion of U.S. territory, leading to secession in 1860. Highlights of each year from 1861-1865 emphasize military actions, political issues, Reconstruction, and The Myth of the Lost Cause.

Teacher: Jackie Eberstein, amateur Civil War historian; former president, New York Civil War Roundtable

M • Jan 9 - Feb 27

11:00 - 12:00

Beginning Italian

8-week course: In Person

An introduction to Italian language and culture, including phrases for greetings, purchases, numbers, ordering meals, checking in and out of hotels and other basic vocabulary and structures. The teacher will recommend movies and books (in English) to heighten knowledge of Italian culture.

Teacher: Judy Buchanan, retired instructor, Italian and Spanish; recipient of two Fulbright grants to study language, history and culture in Italy

M • Jan 9 - Feb 27

11:00 - 12:00

Beginning Spanish

8-week course: In Person

An introduction to Spanish grammar, pronunciation and vocabulary. Students are encouraged to order a used copy of *Spanish for Mastery I: Que tal?* by Valette & Valette.

Teacher: Tim Martin, retired Spanish teacher, counselor

M • Jan 9 - Feb 27

11:00 - 12:00

(continued next page)

On Fire: Creating, Telling and Preserving Family Stories

6-week course: In Person

It is said that an older person dying is like a museum burning down. Capturing stories preserves and passes on traditions, history, values and beliefs. This course awakens the storyteller and story-listener in each of us. Using a fun, experiential format, we'll work with family and personal reminiscences to recreate known and re-imagined worlds. Students leave with at least one digitally recorded story.

Teachers: Judith Onesty and Les Schaffer, Two Tellers Telling

M • Jan 9 - Feb 13

11:00 - 12:00



What's a "Storian?"

2-week course: In Person

Examine how stories promote personal and social transformation with special attention given to "storying later life." Numerous approaches to authoring our lives at this pivotal moment of our developmental journeys will be considered. They include story exchanges, playback theatre, fairy tale wisdom, and many others.

Teacher: John Countryman, retired theatre professor, narrative gerontologist

M • Feb 20 - Feb 27

11:00 - 12:00

Monday Lunch Speakers

The Temples Among Us

Calder Loth, retired senior architectural historian, Virginia department of historic resources; lecturer, Virginia's historic architecture

M • Jan 9

12:30 - 1:30

Forging Freedom, Justice and Equality: Celebrating Forty Years of the Black History Museum and Cultural Center of Virginia

Mary Lauderdale, director of collections, Black History Museum

M • Jan 16

12:30 - 1:30

Ageism Unmasked

Tracey Gendron, chair, executive director, Gerontology department, Virginia Center on Aging, VCU College of Health Professions

M • Jan 23

12:30 - 1:30

Chesterfield County: A Historical Perspective

Bryan Truzzie, historic sites supervisor, department of parks and recreation, Chesterfield County

M • Jan 30

12:30 - 1:30

How "UPSem" Supports Lifelong Learners

The Rev. Erin Burt, director of admissions, Union Presbyterian Seminary

M • Feb 6

12:30 - 1:30

America's Gilded Age Architecture

Calder Loth, retired senior architectural historian, Virginia department of historic resources; lecturer, Virginia's historic architecture

M • Feb 13

12:30 - 1:30

Gold in Virginia

David Spears, retired state geologist

M • Feb 20

12:30 - 1:30

The College Admission Process

Steve Wilborn, retired senior associate director of admission, UR

M • Feb 27

12:30 - 1:30

Tuesdays

Online Only

Intermediate Latin

An intermediate course for students who have knowledge of basic Latin grammar and vocabulary. This class is via Zoom only.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Jan 10 - Feb 28

9:30 - 10:30

“Was ist los?” Advanced German

Free conversation über Gott und die Welt.

Reading skill with Andre Klein's

Heidis Frühstück (see last story in Baumgartner & Momsen). Some grammar. Worksheets supplied by the teacher. Book available through Amazon. This class is via Zoom only.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Jan 10 - Feb 28

11:00 - 12:00

“Genki?” 日本語 Intermediate Japanese

Free conversation, songs, reading kana and kanji (Urashima Tarou); speaking skill with Pimsleur 1, (review 25), Units 26 - 28, audio CD. Some grammar. Dialogues and worksheets supplied by teacher. This class is via Zoom only.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Jan 10 - Feb 28

12:30 - 1:30

The Joy of Reading Latin

Note: Enrollment for this course is limited to students who have completed the first 45 stages of the *Cambridge Latin Course*. This class is via Zoom only.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Jan 10 - Feb 28

2:00 - 3:00

Wednesdays



Lunch & Life

Lunch & Life is a lecture series held in partnership with St. Mary's Catholic Church. It is free and open to the public; no registration or TSCOR membership required. Lunch is from 12:00 – 12:30. Speakers are from 12:30 – 1:30. Beverages and desserts are provided by the church. Please bring a sandwich. The church is located at 9505 Gayton Road. *Lunch & Life* meets in person.

How Edgar Allen Poe Can Change Your Life

Catherine Baab-Muguira, author

W • Jan 11

12:30 - 1:30

Unheard Melodies: The Subtle Art of Film Music

James Doering, professor of music and chair of the department of arts, RMC

W • Jan 18

12:30 - 1:30

What's in a Name? The Origins of Plant Names

Bryan Truzzie, historic sites supervisor, department of parks and recreation, Chesterfield County

W • Jan 25

12:30 - 1:30

Many the Miles: A 50-State Marathon Quest to Keep Showing Up

Jennifer Janus, development coordinator, St. Mary's Catholic School

W • Feb 1

12:30 - 1:30

Thursdays

Online Only



The Opera Ain't Over 'til the Fat Lady Sings

8-week course: Online Only

This course is a history of opera from 1600 to the present and will feature extensive video and audio excerpts.

Teacher: Don Dagenais, retired attorney; longtime lover of classical music and opera

Th • Jan 12 - Mar 2

9:30 - 10:30

Changing History: Examining Cultural Conflict and Shifting Conversations; Change in Museums and Historic Sites

4-week course: Online Only

Museums and sites of public history are not static institutions. Explore how our history museums and historic sites have changed over time to present more inclusive narratives of our nation's history. This class will focus generally on conversations that have taken place in regional institutions.

Teacher: Megan Shockley, realtor; retired history professor; social media specialist

Th • Jan 12 - Feb 2

9:30 - 10:30

Biblical Biographical Sketches

4-week course: Online Only

We will review familiar and unfamiliar information about some well-known and not so well-known Old Testament and New Testament Biblical figures: Abraham, Melchizedek, Mary Magdalene and James.

Teacher: Hal Costley, retired engineer; frequent Open University presenter; past and current president, TSCOR board of directors.

Th • Feb 9 - Mar 2

9:30 - 10:30

The Middle Ages Wane: Great Famine, Black Death and Popular Rebellion

8-week course: Online Only

The course examines the economic, social, and cultural factors central to western Europe's movement from the late Middle Ages to early modernity. Among topics addressed will be "An Age of Adversity?"; the Great Famine; the Black Death: its arrival, epidemiology, human toll, and cultural impact; peasant revolts; and urban rebellions.

Teacher: David Routt, Ph.D., history, Ohio State University; taught at UR and VCU

Th • Jan 12 - Mar 2

11:00 - 12:00

Play of Light: The Life and Times of French Impressionists

8-week course: Online Only

This illustrated lecture will take you to the workplaces of Manet, Degas, Pissarro, Cezanne, Monet, Renoir, Sisley, and Morisot. Their revolutionary art making and their friendship with critics and literati will open a window into Paris in the second half of the 19th century.

Teacher: Reingard Nethersole, retired professor of English, UR

Th • Jan 12 - Mar 2

11:00 - 12:00

Feldenkrais

8-week course: Online Only

The Feldenkrais Method can improve a person's movement repertoire by expanding and refining body awareness to reduce pain or limitations in movement and promote general well-being.

Teachers: Marianne Kaufman, Mary Frances Hobbs, Jane McAllister and Vicki White, guild certified Feldenkrais practitioners

Th • Jan 12 - Mar 2

1:45 - 2:45

Thursday Lunch Speakers

Confronting Catastrophe: How Our Culture Has Historically Defined Loss

Cindy Kierner, professor of history, George Mason University

Th • Jan 12

12:30 - 1:30

Unheard Melodies: The Subtle Art of Film Music

James Doering, professor of music; chair, department of arts, RMC

Th • Jan 19

12:30 - 1:30

Mapping Violence During the Stamp Act Crisis 1765-1766

Cassandra Farrell, senior map archivist, Library of Virginia

Th • Jan 26

12:30 - 1:30

Maggie Walker's Library: A Virtual Trip into the Collection at the National Historic Site

Ethan Bullard, curator, Richmond National Battlefield Parks

Th • Feb 2

12:30 - 1:30

How the Irish Shaped Early American History and Music

"Fiddlin'" Mike Ferry, teacher, author, and musician

Th • Feb 9

12:30 - 1:30

Stories Beneath the Stones: Richmond National Cemetery

JoAnn Meaker, award-winning author, genealogist, Civil War enthusiast, and researcher

Th • Feb 16

12:30 - 1:30

Cleanup: How Scientists, Politicians and Everyday People Saved Tampa Bay (And What That Can Teach Us About Saving Our Coasts)

Evan Bennett, associate professor of history, Florida Atlantic University

Th • Feb 23

12:30 - 1:30

Navigating the World of Social Media: How to Make and View Reels, Stories and More on Facebook, Instagram, YouTube and TikTok

Megan Shockley, realtor; retired history professor; social media specialist

Th • Mar 2

12:30 - 1:30

Zoom links are sent every Sunday evening.

Check your spam and junk folders if you don't see them in your inbox.

Need Zoom Help?

Contact John Countryman, OU
lifelong learning coordinator,
804-355-7282
countryman@tscor.org

Other Questions?

804-355-7282
tscor@tscor.org



Open University Registration Winter 2023

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. _____
first name middle initial last name

street address: _____

city, state, zip: _____

home phone: _____ cell phone: _____

email: _____

☐ \$45 member tuition ☐ Optional donation to TSCOR* \$ _____

☐ \$75 non-member tuition

☐ \$25 membership (7/1/2022 - 6/30/2023)* **TOTAL ENCLOSED: \$** _____

Not sure if you've paid membership? Call us and ask! 804-355-7282

* tax-deductible

Make check payable to: ***The Shepherd's Center***

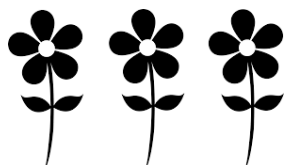
Mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Register

2 WAYS TO REGISTER

- 1 ONLINE:** TSCOR.org
- 2 MAIL:** Complete the registration slip, make check payable to *The Shepherd's Center* and mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Mark your calendars!
OU spring session begins
Monday, March 20, 2023!



Frequently Asked Questions

What is Open University?

OU is the lifelong learning program of The Shepherd's Center of Richmond. Instructors are volunteers recruited from Richmond's university and professional communities.

What is The Shepherd's Center of Richmond?

The Shepherd's Center of Richmond (TSCOR) is a nonprofit organization whose mission is to encourage older adults to remain active and independent.

What does OU cost? There are three sessions in one academic year. The cost is \$45 per session (not per class) for TSCOR members and \$75 per session for non-members.

Do I have to become a member of TSCOR to attend OU?

No, membership is not required.

What does membership cost?

Membership is \$25 and runs from July through the following June.

One great membership benefit:

FREE ATTENDANCE to ALL Monday and Thursday lunch speakers for one year. That's \$25 for 48 speakers! (Does not include admission to courses.)

Can I attend just one course?

You may attend just one class or as many classes as you like for the full tuition cost. We do not charge per individual course, but for the entire 8-week session.

Does OU meet in person?

OU meets in person on Mondays at St. Luke Lutheran Church, and on Wednesdays at St. Mary's Catholic Church for *Lunch & Life*. We do not meet in person on Thursdays this session.

Does OU offer online classes?

Yes, via Zoom some Monday classes and all Tuesday and Thursday classes are online. All Monday and Thursday lunch speakers are online. Please see individual class listing for details.

Questions?

Call the office at 804-355-7282 or visit us on the web: tscor.org



The Shepherd's Center of Richmond
3111 Northside Ave., Suite 400
Richmond, Virginia 23228-5441



OPEN UNIVERSITY

The Shepherd's Center of Richmond

Winter Session
Jan 9 - Mar 2
2023

In-person, hybrid, and online
courses and speakers offered on
Mondays, Tuesdays, Wednesdays
and Thursdays. Details inside.

The Shepherd's Center of Richmond
encourages older adults to remain
active and independent through
enrichment programs and volunteer
service to their peers.



OPEN UNIVERSITY

THE DOOR TO LEARNING IS ALWAYS OPEN.