



OPEN UNIVERSITY

The Shepherd's Center of Richmond
CELEBRATING 40 YEARS!

Fall Session
Sep 18 - Nov 9, 2023

ANNOUNCEMENTS

- **NEW THURSDAY LOCATION!!!**
Thursday classes move to a new location at Lakeside United Methodist Church, 2333 Hilliard Road, close to the intersection of Lakeside Avenue and Hilliard Road. Use the side entrance from the parking lot. Spread the word!
- **MONDAY** classes meet at St. Luke Lutheran Church, 7757 Chippenham Parkway, located south of the "rivah" near Bon Air. It's easy to get there from Huguenot Road or via the Willey bridge. Enter from the back parking lot.
- **Lunch & Life** meets on **Wednesdays** at St. Mary's Catholic Church, located on Gayton Road near Gaskins in western Henrico. Enter from the lower side parking lot.
- **All lunch speakers and some courses are hybrid** (held in person and also via Zoom.) See schedule for details.
- Though tuition has undergone a modest increase (\$5), **we are still the best deal in town for lifelong learning!**
- **Having trouble with tuition? We have scholarship funds available.** Please contact the office at 804-355-7282 to inquire about the Wiltshire Scholarship Fund.
- **It's our 40th anniversary year!** Be a part of our celebration by becoming a member and inviting others to join you.

Mondays

At St. Luke Lutheran Church
7757 Chippenham Parkway

16 Houses - A Look at Residential Architecture in Richmond with Reference to National and International Precedents

8-week course: In person and via Zoom.

Each class examines 2 houses, one in Richmond and a similar house of national or international renown. Our goal is to share architectural principles by using examples students could tour or drive by. We'll look at history and structure, materials and culture. Houses will include Maymont, Monticello, Falling Water, the Rice House, and Habitat 67.

Teachers: Mimi Sadler, historical architect; with Camden Whitehead, professor emeritus, interior design, Virginia Commonwealth University

M • Sep 18 - Nov 6
9:30 - 10:30

The Sciences and Our Future

8-week course: In person and via Zoom.

Each class features a different focus: 1) Science Fiction: What can we imagine? 2) Science and Religion: Friends or Foes? 3) The Brain: How it works. 4) Artificial Intelligence, Computers and Robots. 5) Viruses and Other Infections. 6) Climate Change and Global Warming. 7) Genetics: Gene Testing and Engineering. 8) The Future and Transhumanism.

Teacher: Fred Silva, MD, University of Oklahoma

M • Sep 18 - Nov 6
9:30 - 10:30



(Mondays continued next page)

Mondays, continued

Memoir Writing

8-week course: In person only.

Join us to write about your life or your family history and to learn some techniques to help you tell those stories better.

Teacher: Meriah Crawford, professor of focused inquiry, Virginia Commonwealth University

M • Sep 18 - Nov 6

9:30 - 10:30

Industrial Achievements of Chesterfield County

3-week course: In person only.

Learn the history of industrial achievements specific to Chesterfield County and the region. From the first iron furnace in the English New World, to the birth of commercially mined coal, and the impact of mills.

Teacher: Bryan Truzzie, historic sites supervisor, Chesterfield County Department of Parks and Recreation

M • Sep 18 - Oct 2

9:30 - 10:30

Religious Clauses of the First Amendment

2-week course: In person only.

This course will examine the general meaning of first amendment religious clauses on separation of church and state (Oct. 9) and state and government neutrality toward religion (Oct. 16).

Teacher: Ellis West, professor emeritus, political science, University of Richmond

M • Oct 9 - Oct 16

9:30 - 10:30

A Teenager Goes to Congress

3-week course: In person only.

Get an insider's look at the "workings" of Congress from the perspective of a teenage college student who served as an assistant tally clerk in the United States House of Representatives from late 1968 until late summer of 1971.

Teacher: Bernie Henderson, president emeritus, Woody and Nelson Funeral Homes

M • Oct 23 - Nov 6

9:30 - 10:30

Worldview: World Events and How They Fit into American Diplomatic, Economic, Political, and Social Policy.

8-week course: In person and via Zoom.

A week-by-week examination of world events and how they fit into American diplomatic, economic, political, and social policy.

Teacher: Cary Blankenship, PhD, economic and diplomatic history

M • Sep 18 - Nov 6

11:00 - 12:00

Feast and Famine: Food as Metaphor and Magic in Literature and Culture

8-week course: In person and via Zoom.

The production, consumption, and (conversely) the rejection of food have long been integral to social life: from the ritual sacrifices of traditional cultures, to ascetic discipline in Judeo-Christian culture, to the "family table" across cultures, and to the evolution of the cooking show. In addition to considering food production and consumption as a social act, the course also examines the meanings embedded in "deviant" approaches to food: overindulgence, anorexia, anthropophagy, etc.

Teacher: Maria Scott, professor emerita of English, Randolph-Macon College

M • Sep 18 - Nov 6

11:00 - 12:00

Beginning Spanish

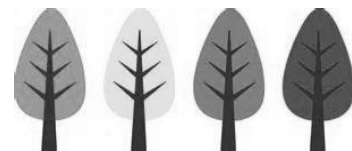
8-week course: In person only.

An introduction to Spanish grammar, pronunciation, and vocabulary. Students are encouraged to order a used copy of *Spanish for Mastery I: Que tal?* by Valette & Valette.

Teacher: Tim Martin, retired Spanish teacher, counselor

M • Sep 18 - Nov 6

11:00 - 12:00



Mondays, continued

Beginning Plus Italian

8-week course: *In person only.*

For beginners and those with some knowledge of the language and culture. Learn practical vocabulary as we introduce and review basic grammar. Converse and read about typical situations - restaurants, tourism, and shopping. Text: *Basic Italian, premium 3rd edition*, Alessandra Visconti, McGraw Hill 2023. ISBN: 978-1-264-80780-2.

Teacher: Judy Buchanan, retired instructor, Italian and Spanish; MA in Italian, UNC-Chapel Hill; MA in Spanish, University of Iowa.

M • Sep 18 - Nov 6

11:00 - 12:00

Monday Lunch Speakers

Held in person and via Zoom.

Free with Shepherd's Center membership.

44 Years = The Blink of an Eye:

A former RT-D Columnist Talks About His Career in the News Business

Bill Lohmann, author; former columnist, Richmond Times - Dispatch

M • Sep 18

12:30 - 1:30

Ranked Choice Voting in Virginia

Liz White, executive director, UpVote Virginia

M • Sep 25

12:30 - 1:30

The U. S. Supreme Court: A "First Monday" Look at Cases to Watch

Lauren Bell, professor, political science; special asst. to the provost, Randolph-Macon College

M • Oct 2

12:30 - 1:30

What Conservation Can Do for You: Preservation in Your Hometown

Katherine Ridgway, state archaeological conservator, Virginia Department of Historic Resources

M • Oct 9

12:30 - 1:30

Voices of the Greatest Generation

Jim Triesler, director of education, Virginia War Memorial

M • Oct 16

12:30 - 1:30

Policing in the 21st Century

Humberto Cardounel, senior director, National Policing Institute

M • Oct 23

12:30 - 1:30

The James River Park System: Yesterday and Today

Giles Garrison, superintendent, James River Park System

M • Oct 30

12:30 - 1:30

Gun Violence, a United States Epidemic

Lisette Johnson, gun violence prevention activist

M • Nov 6

12:30 - 1:30

Tuesdays - Online Only

Intermediate Latin

An intermediate course for students who have knowledge of basic Latin grammar and vocabulary. This class is via Zoom only.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Sep 19 - Nov 7

9:30 - 10:30

"Was ist los?" Advanced German

Free conversation Kaffeeklatsch *Gott und die Welt*. Reading comprehension/review, *Plötzlich in Palermo* by Andre Klein (Amazon).

Humorous short story *Der hellgraue*

Frühjahrmantel by Wolfgang Hildesheimer (text supplied by teacher.) Some grammar. This class is via Zoom only.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Sep 19 - Nov 7

11:00 - 12:00

Tuesdays, continued

“Genki?” 日本語 Intermediate Japanese

Free conversation on travelers’ topics. Review of dialogues, grammar, and exercises in our textbook *Japanese for Busy People 1*. Listening comprehension with *Pimsleur*. Study of the 3 writing systems, hiragana, katakana, and kanji. This class is via Zoom only.

Teacher: Sabine Horn, German native; MA, Japanese and Russian, University of Marburg, Germany

T • Sep 19 - Nov 7
12:30 - 1:30

The Joy of Reading Latin

Note: Enrollment for this course is limited to students who have completed the first 45 stages of the *Cambridge Latin Course*. This class is via Zoom only.

Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher

T • Sep 19 - Nov 7
2:00 - 3:00



Wednesdays

Feldenkrais

8-week course: Online Only

The Feldenkrais Method improves a person’s movement repertoire by expanding and refining body awareness to reduce pain or limitations in movement and promote general well-being.

Teachers: Marianne Kaufman, Mary Frances Hobbs, Jane McAllister, and Vicki White, guild certified Feldenkrais practitioners

W • Sep 20 - Nov 8
10:00 - 11:00

Wednesdays, continued

Lunch & Life



Lunch & Life is a lecture series held in partnership with St. Mary’s Catholic Church. It is free and open to the public; no registration or Shepherd’s Center membership required.

Lunch is from 12:00 – 12:30.

Speakers are from 12:30 – 1:30.

Beverages and desserts are provided by the church. Please bring a sandwich.

St. Mary’s is located at 9505 Gayton Road.

Enter from the lower side parking lot.

Lunch & Life meets in person only.

It is not available online via Zoom.

Ranked Choice Voting in Virginia

Liz White, executive director, UpVote Virginia

W • Sep 20
12:30 - 1:30

What I Like About Me: Transformation in Retirement

Emily Walls Ray, freelance columnist and blogger

W • Sep 27
12:30 - 1:30

The U. S. Supreme Court: A “First Monday” Look at Cases to Watch

Lauren Bell, professor, political science; special asst. to the provost, Randolph-Macon College

W • Oct 4
12:30 - 1:30

A Heart Transplant Story

Curtis Monk, retired president and CEO, Community Idea Stations (now VPM)

W • Oct 11
12:30 - 1:30

Thursdays - New Location!

At Lakeside United Methodist Church
2333 Hilliard Road

Great Ballet Music

8-week course: In person and via Zoom with a virtual instructor.

Explore ballet music from the days of Louis XIV to the present. Featured composers are Rameau, Lully, Adam, Tchaikovsky, Prokofiev, and Copland. The course is primarily watching video excerpts followed by discussion.

Teacher: Don Dagenais, retired attorney; longtime lover of classical music and opera

Th • Sep 21 - Nov 9

9:30 - 10:30

Review of the World's Religions

8-week course: In person and via Zoom.

Review important elements that each of the major religious traditions follows and learn why they are important: Hinduism, Buddhism, Judaism, Christianity, and Islam. Based upon Huston Smith's book *The World's Religions*, as well as other sources familiar to the presenter.

Teacher: Hal Costley, retired engineer

Th • Sep 21 - Nov 9

9:30 - 10:30

Creative Writing for Listeners and Writers

8-week course: In person only.

The course provides up to eight participants an opportunity to be part of a community that shares their writings, provides feedback, and celebrates their stories.

Teacher: Nan Ottenritter, Richmond-based published poet and lover of the word.

Th • Sep 21 - Nov 9

9:30 - 10:30

Saxon, Norman, Angevin: High Medieval English Biographies

8-week course: In person and via Zoom.

Instructor is onsite week 1 and virtual thereafter.

Study nine interconnected biographies in England's formative "long twelfth century:" Emma of Normandy, Harold Godwinson, William the Conqueror, the Empress Matilda,

Henry Plantagenet, Eleanor of Aquitaine, Thomas Becket, Richard Coeur-de-Lion, and "Bad" King John.

Teacher: David Routt, PhD, history, Ohio State University; professor emeritus, UR, VCU

Th • Sep 21 - Nov 9

11:00 - 12:00

Ooh-la-la: Intermediate French

8-week course: In person only.

The class will read an adapted text of *Candide* by Voltaire. Order Hachette B1. ISBN: 978-2-01-401624-6. Version audio offerte. We will also converse in French, learn vocabulary of elections and politics, and do some gentle grammar review. Newcomers who have had French in the distant past are welcome.

Teacher: Suzanne Wiltshire, retired French teacher and administrator

Th • Sep 21 - Nov 9

11:00 - 12:00

The Philistines

5-week course: In person and via Zoom.

The Philistines' reputation as war-mongering and hedonistic became so pervasive that "philistine" is still considered an insult for an uncultured person. Yet a reexamination of their cultural and archaeological imprint on the eastern Mediterranean tells another story!

Teacher: Jon Waybright, assistant professor VCU School of World Studies, Religious Studies Program

Th • Sep 21 - Oct 19

11:00 - 12:00

Medical Marijuana: Myth and Science

3-week course: In person and via Zoom.

Does research support the claims for benefits of medicinal marijuana? After a short cultural history of cannabis, we study delineation of the various types of cannabinoids, their pharmacological effects, and an overview of the ways they affect the brain and body. Issues related to administration (e.g., vape vs. oral) and side effects will also be discussed.

Teacher: Jenny Wiley, Ph.D., researcher, VCU

Th • Oct 26 - Nov 9

11:00 - 12:00

Thursdays, continued

Introduction to Gardening

4-week course: In person only.

Learn the fundamentals of gardening--soils and fertilization, propagation methods, container and in-ground gardening--and also learn various types of plants and their uses.

Teacher: Chris Catanzaro, teacher and researcher of agriculture

Th • Sep 21 - Oct 12

11:00 - 12:00

Travelogue - South America

4-week course: In person only.

From snow-capped mountains to sunny seashores, from deserts to glaciers, from penguins to sea lions, there's a lot more to South America than Machu Picchu and Christ the Redeemer. We'll recap a month long cruise from Buenos Aires through the Beagle Channel and up the west coast of Chile and Peru with photos of stunning landscapes, wildlife and cities, and a little history added to the mix!

Teacher: Peter Pettit: retired IT and business process specialist; avid traveler

Th • Oct 19 - Nov 9

11:00 - 12:00

Thursday Lunch Speakers

Held in person and via Zoom.

Free with Shepherd's Center membership.

The Puzzle of Party Polarization

Daniel Palazzolo, professor of political science, University of Richmond

Th • Sep 21

12:30 - 1:30

Sharing Your Voice to Enact a Change: Advocating for Alzheimer's and Dementia Community Rights

Karen Garner, Virginia advocacy manager, Greater Richmond Chapter, Alzheimer's Association

Th • Sep 28

12:30 - 1:30

Twenty-first Century Public Libraries - More Important Than Ever in the Digital Age

Sandra Treadway, state librarian of Virginia

Th • Oct 5

12:30 - 1:30

A New Chapter: The John Marshall Center Joins the VMHC

Caroline Legros, manager, civics education, John Marshall Center for Constitutional History and Civics; Virginia Museum of History and Culture.

Th • Oct 12

12:30 - 1:30

Framing Race and Politics in the Richmond Annexation Case: Massive Resistance Part I

Rutledge Dennis, PhD; professor of sociology and anthropology, George Mason University

Th • Oct 19

12:30 - 1:30

German Settlement in Virginia: The First 300 Years

John Treadway, professor emeritus, history, University of Richmond

Th • Oct 26

12:30 - 1:30

The United States, 1800-1860 - Hope and Honesty About the American Past

Ed Ayers, Tucker-Boatwright professor of the Humanities and president emeritus, University of Richmond

Th • Nov 2

12:30 - 1:30

All Three Branches: John Marshall and the Federal Government

Meika Downey, education manager, Preservation Virginia

Th • Nov 9

12:30 - 1:30

Open University Registration Fall 2023

Dr. Mr. Mrs. Ms. _____
first name middle initial last name

street address: _____

city, state, zip: _____

home phone: _____ cell phone: _____

email: _____

\$160 Tuition Deal: includes \$25 membership and 1 year tuition. (Current members need to pay only \$135.)

\$50 member tuition Optional donation to TSCOR* \$ _____

\$80 non-member tuition

\$25 membership (7/1/2023 - 6/30/2024)* **TOTAL ENCLOSED: \$** _____

Not sure if you've paid membership? Call us and ask! 804-355-7282

* tax-deductible

Make check payable to: **The Shepherd's Center**

Mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Register

2 WAYS TO REGISTER

1 ONLINE: tscor.org

2 MAIL: Complete a registration slip, make check payable to *The Shepherd's Center*, and mail to: 3111 Northside Ave., #400, Richmond, VA 23228

Zoom links are sent every Sunday evening via email.

Check your spam and junk folders if you don't find the links.

Need Zoom Help?

Contact John Countryman, lifelong learning coordinator, 804-355-7282
countryman@tscor.org

Q & A's

Q. What is Open University?

A. The lifelong learning program of The Shepherd's Center of Richmond.

Q. What is The Shepherd's Center of Richmond?

A. A volunteer-driven, nonprofit organization, whose mission is to encourage older adults to remain active and engaged.

Q. When is Open University?

A. It is held in the fall, winter and spring during three 8-week sessions. A variety of classes and lunch speakers is offered Monday through Thursday. See schedule for details.

Q. Where is Open University?

A. The Shepherd's Center partners with churches for onsite locations. We also have online options! See schedule for details.

Q. Can I attend just one class?

A. Tuition is a flat fee. It gives you access to everything in the

schedule, at all locations, and on Zoom. We do not charge for individual classes or lunch talks.

Q. What does Open University cost?

A. For members of The Shepherd's Center, tuition costs \$50 per session. For non-members, it costs \$80 per session.

Q. Is membership required?

A. No, but if you would like to support the Center and enjoy a discount on tuition, membership is only \$25 for one year (July 1 through the following June 30). Lunch talks are free with membership.

Q. Can I try one day for free?

A. Yes! Attend one day of Open University on the house. If you like it and want to return, you can register on site.

Other Questions?

804-355-7282
tscor@tscor.org



Mark Your Calendar!
Winter session begins
Monday, Jan. 15, 2024!



The Shepherd's Center of Richmond
3111 Northside Ave., Suite 400
Richmond, Virginia 23228-5441



OPEN UNIVERSITY

The Shepherd's Center of Richmond

CELEBRATING 40 YEARS!

Fall Session
Sep 18 - Nov 9, 2023

In-person, online, and hybrid
courses and lunch speakers.

Held Mondays, Tuesdays,
Wednesdays, and Thursdays.

Details inside.

The Shepherd's Center of Richmond
encourages older adults to remain
active and independent through
enrichment programs and
volunteer service to their peers.



OPEN UNIVERSITY

THE DOOR TO LEARNING IS ALWAYS OPEN.